

Title First Aid Kit

Name Allison Jones and Bailey Brosse

Objectives: ("Upon completion of the activity, the student should...")

**Discuss the materials in a First Aid Kit and the benefits of knowing the safety and proper way to use one.**

Description: (Your ad and explanation written help participants select your activity.)

**See other paper**

Risks: (Note risks associated with your activity. Describe your safety plans.)

- **Be aware of sharp objects that may be in the kit**
- **Do not touch materials without the instructors approval**

Needs: (List equipment, supplies, tools needed to set up and do the activity. List what information or handouts should be prepared for participants. Beside each item note the name of the person responsible for bringing/preparing it.)

<u>Item</u>	<u>Person Responsible</u>
- <b>First Aid kit for 30x3 students (90)</b>	

Set-Up / Physical Preparations: (Detail what will need to be done to prepare your activity and who will be doing it.)

<u>Action</u>	<u>Set-Up Persons</u>
- <b>Have the kit out for the kids to see</b>	<b>Allison and Bailey</b>
- <b>Have them separated into categories</b>	<b>Allison and Bailey</b>
- <b>Pass out the paper to the kids</b>	<b>Allison and Bailey</b>

Etiquette / Safety : (Note expected behaviors, safety rules. What must be discussed with students to protect them and the environment?)

- **Be respectful to the instructors**
- **Do not touch objects**

**Outline of Activity:** (Prepare a detailed list of *what will be done*, and *who will lead each part*. Employ the 4 D's. Begin with "The Hook.")

**The Hook-** Ask the students what they think are the right items that should go into a First Aid kit.

- Students will sit at the table, having the paper in front of them.
- Instructors will give them a scenario and have them write down the top ten items they would need.
- After we give them a few minutes, we will go over what they have and we will tell them the correct items.
- Then we will go through a real kit needed for outdoor activities, each instructor will talk about them and how to use the materials.
- Have them write down the correct items
- Maybe have them make their own kit???? NEED TO KNOW IF WE ARE ABLE TO.
- After showing them the items, Allison will demonstrate on Bailey how to wrap a hand and have the kids practice on each other.
- Then open discussion if they have any questions.

**Assessment:** (Each activity team should identify 2 volunteer students and assist them to prepare to represent the activity at the Closing.)