



# Obstacle Course

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# Mission

- Establish through recreation, a fun, team building experience, to help bond students together while incorporating new skills

# Objective

- To have participants working together in teams to complete the obstacle course

# Goals

- Have fun and establish team building skills by providing participants with an enjoyable and memorable experience
- Provide a fitness-based activity
- Provide participants the opportunity to meet new people and conquer challenges by working together in groups

# Positives

- Active event that involved everyone
- Team building
- Enjoyable and fun

# Changes to Event

- More detailed explanation of directions
- Larger venue
- Add more obstacles

# Student Evaluation

- Overall successful event
- Detailed directions
- Fun
- Many would attend this event again